

IPC Cross Country Relay Competitions 2011/12.

373 The Course

373.1 Distances.

373.1.1 The relay distance is based on two alternating courses each 2,5 km. Each course shall be used 2 times, giving a total distance of 10 km for the whole race. First and third stage is in Classic Technique (C), second and fourth stage is in free technique (F).

373.1.2 The length of the first relay leg can deviate +/- 5% from the other legs, according to the stadium layout.

273.2 Classical Technique

373.2.1 In principal, the course is prepared with two tracks, and homologated for sit-ski competitions.

273.3 Free Techniques

273.3.1 The course shall be prepared as wide as possible (6-9m).

374 Relay Exchange

374.1 Procedure

(As per existing relay exchange.)

376 The Competition and the Competitors

376.1 Relay Team

376.1.2 The Nordic STC shall be authorized to modify the composition of the relay in order to ensure sufficient numbers of countries to sustain the event. The modification shall be given prior to each season.

376.1.3 At PWG and WCH, each nation can enter 1 team in each category. In all other events, each nation is allowed to have two teams per category.

376.1.4 Category 1 – 350 % or less, summed for the four legs, and with subtraction of 15 % per leg with a woman athlete.

376.1.5 Category 2 – 380 % or less, summed for the four legs, and with subtraction of 15 % per leg with a woman athlete.

376.1.6 Each team may consist of 2, 3 or 4 athletes. If the athletes are A, B , C and D, the following compositions are possible:

No of athletes:	2	3	3	3	4
1 leg	A	A	A	A	A
2 leg	B	B	B	B	B
3 leg	A	A	C	C	C
4 leg	B	C	A	B	D

Examples, Calculation of percentages:

FIN	1 leg	Loytynoja	92-15	77	
	2 leg	Tuomisto	97	97	
	3 leg	Loytynoja	92-15	77	
	4 leg	Tuomisto	97	97	Total 348 Cat 1.
NOR	1 leg	Dahle	96	96	
	2 leg	Ulset	89	89	
	3 leg	Dahle	96	96	
	4 leg	Ulset	89	89	Total 370 Cat 2.
CAN	1 leg	Bourgonje	86-15	71	
	2 leg	McKeever	100	100	
	3 leg	Barber	92-15	77	
	4 leg	McKeever	100	100	Total 348 Cat 1.
POL	1 leg	Rosiek	100	100	
	2 leg	Rogowiec	87-15	72	
	3 leg	Wator	100	100	
	4 leg	Rogowiec	87-15	72	Total 344 Cat 1.
SWE	1 leg	Modin	87	87	
	2 leg	Sellin	97-15	82	
	3 leg	Modin	87	87	
	4 leg	Sellin	97-15	82	Total 338 Cat 1.
RUS	1 leg	Burmistrova	92-15	77	
	2 leg	Polukhin	98	98	
	3 leg	Burmistrova	92-15	77	
	4 leg	Polukhin	98	98	Total 350 Cat 1.
RUS	1 leg	Kononov	79	79	
	2 leg	Mikhaylov	96	96	
	3 leg	Kononov	79	79	
	4 leg	Mikhaylov	96	96	Total 350 Cat 1.
USA	1 leg	Halsted	98	98	
	2 leg	Underkofler	97-15	82	

3 leg	Halsted	98	98	
4 leg	Hathorn	97	97	Total 375 Cat 2.

376.2 Entries

376.2.1 Entries for relay competitions must be submitted with names and stages two hours before Team Captains Meeting. Eventual changes in the team must be submitted no later than two hours before start.

376.3 The Draw

376.3.1 Start numbers will be calculated using IPCNS points. Team with the lowest IPCNS point sum added for all four stages will start first. Then the ranking will follow the total IPCNS points for the four stages. Teams where all stages have athletes with IPCNS points have priority to teams with IPCNS point on three stages, and so on. Teams with no athletes with IPCNS point will be drawn at the end.

376.3.2 If a team is changed after the draw in a way that the ranking would give a higher start number, the team will get a starting position at the end of the field.